

WALKING by FAITH

Grade 5 / Home Lesson

CHAPTER 20

WE CELEBRATE LENT: THE SEASON OF CONVERSION

Objectives

- Identify Lent as a journey of conversion.
- Evaluate the importance of journeying with companions during Lent.
- Connect individual Lenten journeys with the journey of the elect.

Step 1: *We Are Invited* (Life Experience), page 152

Discuss a recent family trip. Point out that Lent is a time of spiritual journeying. Pray together the opening **Prayer** on page 152 and read the text on that page on **The Season of Conversion**. Use the **Language of Faith** section in the back of the textbook to review the highlighted terms with your child to make sure he or she understands the words *Lent* and *conversion*.

Explain that Lent is marked by three practices: *prayer*, *fasting* (and abstinence), and *almsgiving* (works of charity). *Fasting* means limiting the quantity of food we eat, *abstinence* means giving up a certain type of food, and *almsgiving* involves performing works of charity and giving our time, talents, and money to those in need.

Have your child study the painting and read the caption. Then have students read John 4:4–42 in their Bibles. Invite responses to the caption questions. (He asked for a drink of water; he offered her “living water,” or eternal life.)

Step 2: *We Explore* (Doctrine), page 153

Remind your child that Jesus called the Samaritan woman to conversion.

Invite your child to imagine that he or she is backpacking in the area shown in the background of these two pages. Point out that traveling on a journey is easier if we travel together.

As you read and discuss **Journeying Together** use the **Language of Faith** section in the back of the textbook to clarify the term *elect*.

Read **Catholics Believe** and point out to your child that conversion involves our minds (what we think and believe), our hearts (our motives and attitudes), and our actions (what we do). Conversions occur periodically in degrees throughout life. We change our thinking, attitudes, and actions in response to new information and experiences.

Help your child to complete the **Activity** at the bottom of the page.

Step 3: We Reflect (Integration of Faith into Daily Life), page 154

Review the material taught in this lesson by discussing **Recall, Think and Share**, and **Continue the Journey**. Have your child complete the activity.

Read **We Live Our Faith: At Home and In the Parish**. Try to follow through on the suggestions found there.

Refer to the **Language of Faith** section in the back of the textbook for clarification and review of all highlighted terms.

Complete the **Faith Journal**, pages 39–40.

Step 4: We Celebrate (Prayer and Conclusion), page 155

Call attention to the desert scene on page 155. How does the desert relate to Lent? (It reminds us of Jesus' time in the desert.)

Point out that the photograph at the top right corner of the page shows someone praying the Stations of the Cross. Refer to page 227 for information on the Stations of the Cross. Check your parish bulletin and consider joining your parish community during Lent for the Stations of the Cross.

When discussing the picture of parish families celebrating a Lenten soup night, ask your child how this event might help people in need. Have your child suggest other ways the parish might help people in need.

Read **Our Lenten Journey** and close the lesson by praying the closing **Prayer** together.